



Welcome to Spruce Grove

Spruce Grove is a vibrant, rapidly growing city located approximately 11 km west of Edmonton, Alberta. Part of the Edmonton Metropolitan Region, it blends the convenience of urban amenities with the warmth of a tight-knit community — making it one of the most sought-after places to call home in the greater Edmonton area.

37,645

Population (2021 Census)

37.5 km²

Land Area

709 m

Elevation

1986

City Since

COMMUNITY OVERVIEW

Spruce Grove was first incorporated as a village in 1907. It grew into a town in 1971 and was granted city status on March 1, 1986. Today it is the ninth-largest city in Alberta and one of the fastest-growing municipalities in the Edmonton region, having expanded its population by more than 10% between 2016 and 2021.

The city is adjacent to the Town of Stony Plain and is surrounded by Parkland County, giving residents easy access to rural recreation while enjoying full city services. Two major highways — Hwy 16 (Yellowhead) and Hwy 16A — provide quick, direct routes into Edmonton and westward toward Edson, Hinton, and Jasper.

Mayor	Jeff Acker
MP (Federal)	Dane Lloyd
MLA (Provincial)	Searle Turton
Time Zone	Mountain Time (UTC-7 / UTC-6 DST)
Postal Codes	T7X, T7Y
Area Code	780 / 587 / 825
Website	sprucegrove.org
Distance to Edmonton	~11 km west of Edmonton city limits
Distance to Downtown Edmonton	~30 km

GARBAGE, RECYCLING & ORGANICS

The City of Spruce Grove provides weekly curbside collection of garbage, blue-bin recycling, and green-bin organics. Collection schedules are neighbourhood-specific — residents can look up their pick-up day on the City's online waste calendar at sprucegrove.org.

Garbage (Black Cart)	Weekly pick-up — place at curb by 7:00 AM on collection day
Recycling (Blue Cart)	Weekly pick-up — accepted items include paper, cardboard, plastics #1-7, glass, metals
Organics (Green Cart)	Weekly pick-up — food scraps, yard waste, soiled paper
Bulk / Large Item Pickup	Scheduled through the City; contact 780-962-7661
Hazardous Waste Drop-Off	Available at the Eco Centre; check sprucegrove.org for hours
Yard Waste Drop-Off	Seasonal depot available — dates posted on city website
Electronic Waste (E-Roundup)	Annual free e-waste & shredding event held by the City

Tip: Download the free RecycleCoach or Spruce Grove app to receive collection day reminders and learn what goes in each bin. Holiday collection adjustments are posted on the City website.

SCHOOLS & EDUCATION

Spruce Grove is served by two school divisions: Parkland School Division (public) and Evergreen Catholic Separate School Division. The city offers a full spectrum of education from pre-kindergarten through Grade 12.

School	Division	Grades
Greystone Centennial Middle School	Parkland School Division	6–9
Spruce Grove Composite High School	Parkland School Division	10–12
Memorial Composite High School	Parkland School Division	10–12
Broxton Park School	Parkland School Division	K–6
Millgrove School	Parkland School Division	K–6
Woodhaven Middle School	Parkland School Division	7–9
St. Elizabeth Seton Catholic School	Evergreen Catholic	K–9
St. Peter the Apostle High School	Evergreen Catholic	10–12

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École Meridian Heights School	Parkland School Division (French Immersion)	K-9
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Post-secondary: MacEwan University and NAIT operate conveniently nearby in Edmonton. Portage College also serves the region. Online and continuing education is available through Athabasca University.

PARKS, TRAILS & GREEN SPACES

Spruce Grove is well known for its extensive parks and trail network. Bike and walking trails wind throughout the city, and the Heritage Grove Trail system allows cyclists and pedestrians to explore lush, forested corridors for hours.

Heritage Grove Trail System	Multi-use paved & natural trails through forested land; connects multiple neighbourhoods
West District Park	Two full artificial-turf fields for soccer/football; grand opening 2008
Jubilee Park	Central park with picnic areas, playgrounds, splash park, and community gazebo
Calahoo Wetlands	Natural wetland with boardwalk; excellent birdwatching & nature walks
Erin Ridge Corridor	Linear green corridor with paved trails linking residential areas
TransAlta Tri Leisure Centre Grounds	Outdoor fields adjacent to the recreation centre (shared with Stony Plain & Parkland County)
Grove Meadows Park	Family-oriented park with playground and open green space
Campsite / Outdoor Recreation	Nearby Wabamun Lake Provincial Park (~35 km west) for camping, fishing, boating

The City maintains an interactive online map of all parks, trails, and amenities at sprucegrove.org/community/interactive-map-of-spruce-grove

RECREATION & LEISURE

- TransAlta Tri Leisure Centre — indoor pool, ice rinks, gym, soccer, fitness centre (shared with Stony Plain & Parkland County; opened 2002)
- Horizon Stage Performing Arts Centre — local theatre hosting plays, concerts & community events year-round
- Spruce Grove Art Gallery (Melcor Cultural Centre) — operated by the Allied Arts Council
- Spruce Grove Grain Elevator Museum — heritage site celebrating the city's agricultural roots
- 7-screen Cineplex movie theatre complex (opened 2007)
- Spruce Grove Saints — Junior A hockey team
- Youth & adult hockey (Sept–Apr), soccer (May–Oct), rugby, football, baseball, box lacrosse (Mar–Jul via Parkland Posse)
- Energy City Metro Ballpark — under construction as of 2025; future home of the Energy City Cactus Rats
- Golf: Courses in Stony Plain & Parkland County nearby
- Wabamun Lake — boating, fishing, camping, cross-country skiing in winter

Notable alumni: Jennifer Heil (Olympic freestyle skier gold 2006), Grant Fuhr (Hockey Hall of Fame), Stephanie Labbé (Olympic soccer gold 2021), Carla MacLeod (Olympic hockey 2010).

SAFETY & EMERGENCY SERVICES

Public safety in Spruce Grove is managed by the RCMP (Parkland RCMP Detachment) for policing, and Spruce Grove's own Emergency & Protective Services for fire and bylaw enforcement. The city consistently ranks as one of the safer communities in the Edmonton Metropolitan Region.

Police (RCMP)	Parkland RCMP Detachment — non-emergency: 780-963-4424 Emergency: 911
Fire Services	Spruce Grove Fire Services — 780-962-7661 Emergency: 911
Medical / EMS	Alberta Health Services (AHS) — Emergency: 911 West View Medical Centre
Bylaw Enforcement	City of Spruce Grove Bylaw Office — 780-962-7661
Animal Control	City of Spruce Grove — animals found or at large: 780-962-7661
Crime Rate	Spruce Grove generally has a below-provincial-average violent crime rate; property crime levels are typical of a growing suburban city
Emergency Preparedness	City publishes emergency plans at sprucegrove.org ; residents encouraged to register for emergency alerts

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Safe City Program

The City operates a Safe City initiative with community safety officers and neighbourhood patrols

TRANSPORTATION & GETTING AROUND

Highway Access	Hwy 16 (Yellowhead — no traffic lights, two SG exits) & Hwy 16A (multiple intersections) lead directly to Edmonton
Commute to Edmonton	Approx. 20–30 min by vehicle depending on conditions; Hwy 16 is the fastest route
Spruce Grove Transit	Local bus service connecting key areas of the city; schedules at sprucegrove.org/services/spruce-grove-transit
Regional Transit (ETS)	Spruce Grove Transit connects to Edmonton Transit System (ETS) at park-and-ride locations
Accessible Transit (ATS)	Paratransit service for residents with disabilities — pre-registration required
Canadian National Railway	CN rail line passes through the city (freight; no passenger service)
Cycling	Extensive paved trail network; Heritage Grove Trail ideal for cycling commuters
Ride-share / Taxis	Uber, Lyft, and local taxi services operate in Spruce Grove

UTILITIES & CITY SERVICES

Water & Sewer	Managed by the City of Spruce Grove; treated water from the North Saskatchewan River
Electricity	ATCO Electric / Fortis Alberta deliver to most areas
Natural Gas	ATCO Gas serves Spruce Grove
Utility Billing	Monthly utility bills from the City; online account management at sprucegrove.org
Internet / Cable	Shaw (Rogers), TELUS, and local ISPs available

Snow Removal	City clears arterial roads first, then residential; residents responsible for sidewalks adjacent to property within 48 hrs
Street Sweeping	Annual spring and fall street sweeping program
Pest Control	City-run mosquito and gopher control programs available seasonally

SHOPPING, DINING & AMENITIES

Spruce Grove offers a full complement of retail, dining, and everyday conveniences. The Grove Drive commercial corridor along Hwy 16A is the city's primary shopping destination, with continued growth in the Century Road and Pioneer Road areas.

- Walmart Supercentre, Canadian Tire, Home Depot, and major big-box retailers
- Prospera Place & Century Road — grocery, banking, pharmacy, restaurants
- Multiple grocery chains: Save-On-Foods, Superstore, Sobeys, FreshCo
- Dozens of local restaurants and national chains along Hwy 16A
- Professional services: dental, medical clinics, optometry, law, accounting
- West View Medical Centre (hospital) in Stony Plain — approx. 5 min drive
- Misericordia Community Hospital accessible in west Edmonton (~25 min)
- Public library: Spruce Grove Public Library (sprucegrovepubliclibrary.ca)
- Canada Post office and multiple pharmacy locations (Shoppers, Rexall, etc.)

DEMOGRAPHICS & COMMUNITY CHARACTER

Spruce Grove is a predominantly young, family-oriented community. The majority of residents are of European descent (approx. 81%), with a growing Indigenous community (approx. 9%) and increasing diversity across Southeast Asian, South Asian, African, and Latin American backgrounds. The city is welcoming, active, and civic-minded.

Median Age	Younger than Alberta average — strong concentration of families with children
Housing Stock	Mix of newer single-family homes, townhouses, and condos; majority built post-2000
Language	Primarily English-speaking; growing Francophone community (French Immersion school available)

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Employment	Many residents commute to Edmonton; growing local employment in retail, health care, trades, and construction
Median Household Income	Comparable to Edmonton suburban average — generally above provincial median
Community Involvement	Strong volunteer culture; many sports leagues, arts groups, and service clubs active

ANNUAL EVENTS & COMMUNITY LIFE

- Canada Day Celebration — large community celebration on July 1st in Jubilee Park
- Light Up Spruce Grove — festive winter light display and community event
- E-Roundup — free annual e-waste and document shredding event
- Spruce Grove Saints Hockey — Junior A home games at the Grant Fuhr Arena
- Horizon Stage performances — year-round theatre, dance, and concert schedule
- Spruce Grove Art Gallery exhibitions — monthly rotating shows at Melcor Cultural Centre
- Community Awards — annual recognition of outstanding volunteers and organizations
- Remembrance Day Ceremony — community-wide gathering honouring veterans

KEY CONTACTS & RESOURCES

City of Spruce Grove	780-962-7661 sprucegrove.org
Parkland RCMP (Non-Emergency)	780-963-4424
Emergency (All Services)	911
West View Medical Centre	780-968-3600 Located in Stony Plain
Spruce Grove Public Library	780-962-7608 sprucegrovepubliclibrary.ca
Transit Information	sprucegrove.org/services/spruce-grove-transit
Garbage & Recycling Info	sprucegrove.org/services/garbage-organics-recycling
Horizon Stage	780-962-8995 horizonstage.com
TransAlta Tri Leisure Centre	780-962-7722 trikasaurus.ca

Parkland School Division	780-963-4010 psd.ca
Evergreen Catholic Schools	780-963-4000 ecsd.net
211 Alberta	Dial 2-1-1 for social services & community resources

Thinking about buying or selling in Spruce Grove?

Contact the RJ Homes Team — your local real estate experts.
780-222-8222 | rjhomes.ca