

Boost Your Finances

Blast past financial headwinds!

For many, spring is tax season — a perfect time to evaluate your overall financial health. Use this opportunity to refine your budget and set yourself up for financial success for the rest of the year.

What will spark momentum and power you forward?

START HERE

ESTABLISH
SHORT- AND
LONG-TERM
GOALS

**REDUCE
UNNECESSARY EXPENSES**

CREATE A BUDGET

EXPLORE OTHER
INCOME STREAMS

CONSULT WITH
A QUALIFIED
**FINANCIAL
PROFESSIONAL**

92%

of Canadians review
their financial
plan at least once
a year.

IMPULSE BUYS
RISING PRICES
UNUSED SUBSCRIPTIONS
COST OF LIVING
DAY CARE
INFLATION
MARKET VOLATILITY
CREDIT CARD DEBT
EATING OUT
STUDENT LOANS
MEDICAL BILLS



Your Financial Launch Pad

*Build a long-term
financial strategy
with steps you can
take today.*

:03

ASSESS — Track all monthly expenses, including scheduled payments (e.g., mortgage) and miscellaneous expenses.

:02

BUDGET — Check out online budgeting tools like YNAB (ynab.com), Goodbudget (goodbudget.com) or Honeydue (honeydue.com).

:01

COMMIT — Make a promise to yourself and your family — you can do this!

Reduce Spending — Think about what you can eliminate from your budget, even if only temporarily (e.g., streaming platform services, daily coffee runs, takeout meals, etc.).

Play the Long Game — Time goes by fast! Invest in your future by contributing to a retirement account.

Job Options — Explore gig work and temporary second jobs. Or it may finally be the right time to make the leap to a new career!

If you have any questions, I'm here to offer clear, concise information you can trust. I can also refer you to a financial professional if you need further guidance.