

# Fancy feasts: Panna cotta, beetroot and goat cheese

The soothing creaminess of panna cotta infused with fruity wholegrain mustard offers a wonderful counterpoint to the vivid tastes of roasted baby beets and crumbled goat cheese. Perfect for any spring or summer gatherings.

## Ingredients

- 1 tsp. unflavoured gelatin
- 150ml whipping or thick cream
- 75ml soy milk or milk
- 4 tsp. Maille Wholegrain Mustard
- ½ tsp. lemon juice
- Pinch of salt
- 225ml Maille White Wine Vinegar
- 200g sugar
- 1 large purple or yellow beetroot, peeled and very thinly sliced (almost shaved)
- 3 baby beets (purple, pink or yellow)
- 1 tsp. white peppercorns
- ½ tsp. fresh thyme leaves, divided
- 1 tbsp. Maille Extra Virgin Olive Oil
- ¼ tsp. salt
- 29g shelled pumpkin seeds
- 29g shelled sunflower seeds
- 29g oats
- 227g firm goat cheese
- Handful of baby red chard or rocket

## KATE'S KORNER



Royal LePage Real Estate Services Ltd.

- Unmold panna cotta by dipping into hot water up to rims 10 seconds to loosen.

## To serve


- Turn onto serving plates. Garnish with beet wedges, sliced beetroot, goat cheese crumble and chard.

- Prep time: 35 minutes
- Cooking time: 35 minutes
- Course: Appetizer
- Serves: Four people

For recipes and product information visit [www.maille.com](http://www.maille.com)

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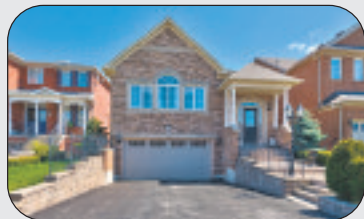


OAKVILLE | BURLINGTON | MISSISSAUGA | BRAMPTON | CALEDON

TOP 1% in CANADA

## Preparation

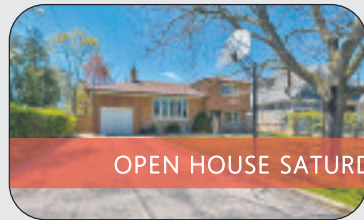
- Sprinkle gelatin over cream and milk in small saucepan. Let stand five minutes. Cook over low heat, stirring constantly, until gelatin is completely dissolved, about five minutes. Stir in Maille Wholegrain Mustard, lemon juice and pinch of salt. Let cool to room temperature.
- Arrange four (½-cup) molds or cups on tray and fill with gelatin mixture. Cover and chill three hours or overnight.
- Bring Maille White Wine Vinegar and sugar to the boil in medium saucepan, stirring occasionally. Let cool. Add large sliced beet in vinegar mixture 30 minutes before serving.
- Cover baby beets with water in a four-quart saucepot; add peppercorns and ¼ teaspoon of thyme. Bring to a boil over high heat. Reduce heat and simmer until beets are tender, about 15 minutes. Drain and cool slightly.
- Peel beets and cut off any roots or stems. Cut each into eight wedges, then toss with Maille Olive Oil and salt; set aside.
- Preheat oven to 180 degrees celcius.
- Combine seeds with oats and arrange on baking tray. Bake until golden brown, about 10 minutes. Let cool on wire rack. Turn into small bowl, then stir in the remaining ¼ teaspoon of thyme. Cut or tear goat cheese into bite-size pieces and add to seed mixture. Toss to coat cheese with seeds; set aside.



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