



A twist on avocado toast

The popular brunch staple gets an appetizer makeover in this phyllo-crusted pocket version. The avocado toast is a delicious combo of creamy avocado, fresh tomato, onion and tart lime, and is beautifully paired with a cilantro-sour cream for dipping. Serves eight for less than \$0.70 each.

Avocado Toast Pockets

Ingredients:

- 2 avocados, diced
- 1 plum tomato, seeded and diced
- 1/2 cup (125 mL) frozen corn, thawed
- 1/4 cup (60 mL) minced red onion
- 2 tbsp. (30 mL) lime juice, divided
- 2 tsp (10 mL) chili powder
- 1 garlic clove, grated and divided
- 1/2 tsp (2 mL) salt, divided
- 6 sheets phyllo pastry
- 2 tbsp. (30 mL) salted butter, melted
- 1 egg, lightly beaten
- 2/3 cup (160 mL) sour cream
- 1/2 cup (125 mL) cilantro, finely minced

Directions:

1. Heat oven to 375F (190C). Line two rimmed baking sheets with parchment.
2. Stir together avocado, tomato, corn, red onion, 2 tsp (10 mL) lime juice, chili powder, half the garlic and 1/4 tsp (1 mL) salt in a medium bowl.
3. On clean counter top, place one sheet of pastry. Brush evenly with butter and top with another sheet, smoothing to flatten. Brush second sheet with butter and top with a third sheet. Cut sheet along the long edge into 5 even strips. Cut each strip in half crosswise and in half again to make 4, 3-inch (8 cm) squares. Repeat with remaining strips.
4. Fill one half of each square with 1 tbsp. (15 mL) filling, leaving a 1/2 inch (1 cm) border. Brush border with egg wash. Fold pointed edge of unfilled half over to create a triangle and press firmly to adhere to egg-washed edges. Place on prepared sheet and brush triangles with egg wash. Bake until golden; about 10 minutes. Repeat with remaining pastry sheets and filling.
5. Meanwhile, mix sour cream, cilantro, remaining lime juice, garlic and salt in a small bowl. Serve with pockets.

Find more great recipes online at [\(NC\)](http://walmart.ca/recipes)

Contact Kate Vanderburgh, sales representative for Royal LePage Real Estate Services Ltd., Broker at 905-338-3737 or by email at kate@katevanderburgh.ca.

Exploring new opportunities for affordable home ownership

As more millennials look to become first-time homebuyers and boomers search for housing that better fits their needs, smart solutions are needed to ensure home affordability for years to come.

One idea being recommended by Ontario realtors is more housing supply. To meet the needs of diverse families, it's important to add more variety of homes to the market, such as townhouses, stacked flats and mid-rise buildings — and government can support these efforts.

"Over the past year, Ontario realtors have been sounding the alarm on the lack of housing supply in the Greater



Golden Horseshoe. It is imperative that governments work collaboratively with municipalities and developers in reducing the barriers that have impeded necessary growth in the housing market," says Ettore Cardarelli, president of the

Ontario Real Estate Association (OREA).

According to Ontario realtors, increasing housing supply in the province is the best long-term solution to keep home ownership within reach for young buyers and future generations.

"OREA's plan for increasing housing supply in Ontario includes speeding up building approval processes, encouraging building more 'missing middle' type homes and making sure infrastructure funding is targeted towards water, sewer, roads and transit to land already designated for development," says Cardarelli.

Find more information at [\(NC\)](http://www.orea.com)



KATE'S KORNER



Royal LePage Real Estate Services Ltd.

KATE VANDERBURGH

SALES REPRESENTATIVE

905 338 3737

KATEVANDERBURGH.CA

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