

ARE YOU **MAN** ENOUGH?



Walk a Mile in **Her Shoes**®



HAVE YOU GOT WHAT IT TAKES TO FILL THE SHOES?

Join us and help make a difference:

WALK DAY IS SUNDAY SEPT. 8/ 2019

About the event: Walk a Mile in Her Shoes®

The event is simple – MEN walk from behind City Hall, up York Street to Brunswick Street, down to and left onto Carleton to Queen, back along Queen to the starting point – **in women's shoes**, raising eyebrows and funds in support of **The Royal LePage Shelter Foundation** for Fredericton's own **Women In Transition House** – helping battered women and children in the process. This event will bring together big hearts and big feet for a great cause.

You can help.....one step at a time.

You can make a difference in four easy steps.....Are you **MAN** enough, or do you know a **MAN** who is?

- 1. SAY YES 2. REGISTER 3. RAISE FUNDS 4. WALK**

- o **MEN:** Sign up as an individual or recruit a team to join you to "Walk a Mile in Her Shoes™"
- o A **registration fee of \$20.00** per walker applies. Complete and return the attached registration form
- o **Once registered you will receive a pledge form**
- o Collect pledges – ask colleagues, friends, family, suppliers, customers – anyone who will give money to see you walk around in a pair of women's shoes for a great cause. Your minimum pledge goal is \$100 perwalker and hopefully much more!

Don't want to walk? Donations accepted any time.

Stop by the office of Gardiner Realty Royal LePage at 457 Bishop Drive
Make Donation Cheques payable to **The Royal LePage Shelter Foundation**

Email Donations to: walk@gardiner.nb.ca

Make Donations on-line at: walkamilefredericton.com

On-line donations get a tax receipt immediately upon payment

Cash donations of \$20 or more will be sent a tax receipt in February 2020



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Walk a Mile in Her Shoes®



SEPTEMBER 8, 2019 (Sunday)

Starts behind City Hall, Queen Street

REGISTRATION FORM



Complete this form and submit to Gardiner Realty at 457 Bishop Drive or
walk@gardiner.nb.ca

Participant/Team Name: _____

Team Captain: _____

Mailing Address: _____

Phone Number: _____ Email: _____

REGISTRATION FEE: \$20.00 per walker

Registration includes high heeled shoe rental (you may bring your own shoes)
(Limited number of shoes may be available – first registered first served)

Participant(s) Name(s)	Email Address	Phone #	Shoe Rental (Y/N)	Registration (\$20)	Shoe Size (Mens size)
Total Fees:					

Return this form by: Friday, August 30, 2019:

Email: walk@gardiner.nb.ca or in person at Gardiner Realty, 457 Bishop Drive

Registration Cheques should be made payable to: Gardiner Realty Ltd. OR email funds with form

We respect your privacy. Royal LePage Gardiner Realty and the Royal LePage Shelter Foundation uses your contact information solely for the purpose of staying in touch with you for this event. We do not trade, sell or share participant or donor information.

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REGISTRANT INFORMATION

What you need to know: **WALK DAY IS SUNDAY SEPT. 8 / 2019**

- Registration fee per participant is \$20.00. Register on paper form and then get your pledge form from Gardiner Realty after submitting your registration form at 457 Bishop Drive or send to walk@gardiner.nb.ca. All donations of \$20 or more will have a tax receipt sent to the donor in February 2020 (Donations on-line get a receipt immediately)
- Bring your own high heeled woman's shoes or use ours (limited quantities available on a first registered first served basis). Rentals must be pre-booked although there may be shoes available on event day.
- We are hoping for a **MINIMUM** of \$100 donation goal per individual participant (by personal contribution or pledges). Awards will be given for highest pledges by both individual and teams. Donate on-line here: www.walkamilefredericton.com
- Only **MEN** can wear the shoes and participate in the walk. Other supporters can help collect pledges and cheer for their team from the sidelines along the walk route.
- Please submit your **pledge form** (provided to you once you register), together **with all** pledges collected to our office by August 30, 2019 to expedite your on-site sign in day of event. (Note: pledges will also be accepted on site for participants unable to submit to the office prior to the event.)
- Registration begins at 12:00noon at the registration tent behind City Hall on the day of event. Sign in, get your shoes and meet other participants. Opening ceremonies begin at 12:45pm.
- The Walk begins at 1:00 pm. The route is roughly a 1km tour of the downtown core, ending back at the starting point.
- Costumes and uniforms are highly encouraged! Give your team a catchy name! Please out of respect for women and this cause, do not dress up as a woman!
- All participants in the walk will be required to sign a waiver at the registration tent prior to participating in the event.